

# Smoke-free policy

## Aboriginal Basketball Academy (ABA)

### The impact of smoking in the workplace

Smoking is a leading cause of preventable death and disease in Australia. Smoking greatly increases your risk of suffering from potentially deadly conditions, including a range of cancers, heart disease and respiratory illness. Environmental tobacco smoke (passive smoking) can also harm your health.

In South Australia, the *Tobacco Products Control Act (2006)* and related regulations prevent people from smoking in enclosed public places. The *Occupational Safety and Health Regulations (1996)* prohibit employers, workers and self-employed persons smoking in enclosed workplaces, including in a vehicle.

Maintaining a smoke-free study environment is essential to ensuring the health and wellbeing of everyone in the workplace, classroom and basketball court.

### Mission statement

Aboriginal Basketball Academy

- Will be smoke-free at all times
- Will support students and board members who want to quit or cut down
- Will protect workers and visitors from environmental tobacco smoke (passive smoking)
- Will inform students about the health risks associated with smoking

### Objectives and strategies

ABA will:

Eliminate/minimise smoking and passive smoking in their programs by:

- Ensuring all board members, students and visitors are aware of the smoke-free policy
- Marking the workplace with smoke-free signs
- Ensuring that the smoke-free policy is included in other relevant policies.
  
- Ensuring that all ABA related events (both on and off site) are Smoke free events
- Asking students/board/guests not to smoke while wearing any form of the ABA uniform
- Providing support to workers/students wanting to quit smoking.
  
- Increase knowledge and awareness among staff and members of the health risks of smoking by:
  - Providing information (posters and brochures) within the classroom.
  - Promoting quit smoking tools such as programs run by AHCSA.



## Scope and responsibilities

This policy applies to all board members, teachers, students at and visitors to the ABA.

Staff and students are required to:

- Understand and comply with this policy at all times while in the program or representing ABA.
- Ensure their visitors are aware of the policy
- Inform management if they believe the policy has not been upheld

Coaches and teachers are responsible for:

- Making sure all students and visitors are made aware of this policy
- Encouraging a learning culture that supports workers who want to quit smoking
- Managing the implementation and review of this policy
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## Communication

ABA will ensure that:

- The policy is communicated to all involved.
- All students receive a copy of this policy during the first week of school.
- This policy is easily accessible to all members of the organisation
- Staff and Students are informed when a particular activity aligns with this policy
- Staff and students have the power to actively contribute to and provide feedback on this policy
- Staff and students are notified of all changes to this policy

## Monitoring and review

This policy will be reviewed yearly. ABA board members are responsible for reviewing this policy.

This process will involve:

- Assessing progress and seeing if objectives have been met
- Providing students and staff with the opportunity to give feedback
- Considering all feedback and suggestions and making changes as required
- Communicating the reviewed policy to all involved.
- Repeated noncompliance of the policy will result in counselling and appropriate discipline.

## Register information

<b>Drafted by</b>	S.Whitmore	<b>Scheduled Review Date</b>	13 December 2021
<b>Responsible person</b>	ABA Board		
<b>Approved By Board / Executive on</b>	13 December 2018		